

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

#301 Women 50 SC Meter Freestyle

2024Africa-S: 24.33 2022 Caitlin de Lange-W

2025SA-Short: 24.33 2022 Caitlin de Lange-W

24.44 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 17 Prelims

4	Sardinha, Jessica S	16	BAS-EK	31.07
5	Otto, Abigail S	16	CA-EK	30.67
6	Schreuder, Hannah G	16	SAAW-CP	31.04

Heat 2 of 17 Prelims

1	Lategan, Emma M	15	CASC-CP	30.52
2	Louw, Anieka	14	CASC-CP	30.08
3	Senekal, Margo	14	TYGE-CP	30.02
4	Durig, Leah N	17	CRSC-JH	29.89
5	Barrow, Sophie L	13	MDOL-JH	29.77
6	Pienaar, Mia	13	PGAC-EK	29.84
7	Edmundson, Paige E	16	SASE-JH	29.94
8	Hartung, Amy M	14	ASAC-CP	30.04
9	Marx, Micah	14	CA-EK	30.41

Heat 3 of 17 Prelims

1	Watson, Caitlin C	17	BLMA-CP	29.68
2	Cole - Edwardes, Emr	14	SEAL-UM	29.66
3	Barbour, Robyn R	15	MDOL-JH	29.59
4	Lothian, Roxanne	18	PER-JH	29.56
5	Beling, Hayley E	16	BAS-EK	29.52
6	De Roubaix, Maric M	17	LALE-CE	29.53
7	Trout, Sophia L	15	VINE-CP	29.59
8	Banks, Kiara C	16	TUKS-TS	29.66
9	du Plessis, Madison	16	BLOT-MA	29.67
10	Abrams, Mackenzie E	13	USC-BU	29.73

Heat 4 of 17 Prelims

1	Wium, Mari	15	QSAW-CE	29.51
2	Smidt, Clio J	17	VINE-CP	29.35
3	Cabral, Tatum P	16	ELEC-TS	29.34
4	De Beer, Caileigh	14	BLOT-MA	29.30
5	Morton, Tayler R	16	LALE-CE	29.23
6	Jones, Gemma K	16	VINE-CP	29.27
7	Jones, Amy-Lee	15	CA-EK	29.31
8	Dube, Caitlyn K	15	MDOL-JH	29.34
9	Luz, Alexia S	17	SOUL-EK	29.49
10	Ward, Marlene	15	TUKS-TS	29.52

Heat 5 of 17 Prelims

1	Solomon, Lily	13	WATR-JH	29.14
2	Eldar, Ella	15	TUKS-TS	29.12
3	Swanepoel, Keira M	13	KLOO-ET	29.09
4	Olivier, Chloe	15	CA-EK	29.02
5	Oosthuizen, Luchelle	19	KOVS-MA	29.01
6	George, Grace	16	SEAL-UM	29.02
7	van Vught, Juliette J	16	SASE-JH	29.07
8	Palmer, Carleigh	17	AA-JH	29.09
9	Hugo, Anika S	18	QSAW-CE	29.12
10	Barber-Luna, Layla R	12	MDOL-JH	29.17

Heat 6 of 17 Prelims

1	Bruyns, Isabella M	15	MDOL-JH	28.88
2	van der Merwe, Aime	12	MDOL-JH	28.83
3	Theron, Simone	17	TKS-WB	28.81
4	Brown, Amy	16	SEAL-UM	28.81
5	Ogden, Amber	17	PEAS-NM	28.76
6	Springer, Leila E	14	SASE-JH	28.78
7	Marais, Anne	15	TKS-WB	28.81
8	Bouw, Ella A	17	PER-JH	28.83
9	Helmand, Jana	17	BLOT-MA	28.86
10	Van den Berg, Une	16	AA-JH	28.91

Heat 7 of 17 Prelims

1	de Waal, Araya	16	PGAC-EK	28.74
2	Liebenberg, Hannah	16	PAC-TS	28.64
3	Chivandire, Eliencia T	13	WATR-JH	28.61
4	Hebler, Lily M	15	QSAW-CE	28.58
5	Doubell, Cassidey R	16	CRSC-JH	28.52
6	Venter, Zuria I	14	CA-EK	28.57
7	Marshall, Tiffany	16	UNI-U-EZ	28.59
8	Pearse, Jemma S	15	VINE-CP	28.63
9	Fourie, Ava	16	TRAZ-TS	28.69
10	Smith, Jessica P	15	ASA-IL	28.76

Heat 8 of 17 Prelims

1	Mgcina, Maya	14	ELEC-TS	28.47
2	Tandy, Morgan R	13	CA-EK	28.43
3	Elliott, Madisynn E	15	AA-JH	28.39
4	Holland, Keira E	15	CRSC-JH	28.36
5	Mayoss, Erin L	16	KLOO-ET	28.34
6	Havemann, Bella	16	ASAC-CP	28.36
7	Kuhn, Rebecca L	16	CA-EK	28.38
8	Roome, Jaime L	15	TUKS-TS	28.42
9	Beling, Nicole V	16	CA-EK	28.46
10	Bristol, Dorianne	15	SEY	28.50

Heat 9 of 17 Prelims

1	Hugo, Shannon F	14	SEAL-UM	28.33
2	Lin, Kaia	14	WATR-JH	28.31
3	Meter, Jess L	19	TUKS-TS	28.26
4	Higgins, Emily S	14	CA-EK	28.25
5	Kruger, Katelyn	14	MDOL-JH	28.19
6	Hemphill, Taylor	17	SEAL-UM	28.22
7	van Schalkwyk, Corn	18	AA-JH	28.25
8	Douglas, Gabby J	16	BAS-EK	28.31
9	Higgs, Maddy G	14	INFA-NM	28.31
10	Caldwell, Alexandra I	19	VASA-EK	28.34

Heat 10 of 17 Prelims

1	Scorgie, Madison	17	AA-JH	28.16
2	Jackson, Christine D	17	ELEC-TS	28.09
3	Van Rensburg, Karme	16	UNI-EZ	28.05
4	Lin, Cleo	17	WATR-JH	27.99
5	Van Der Wath, Izi	14	KNYA-ED	27.92
6	Nagel, Xanthe	16	HREF-BP	27.95
7	Daffarn, Eri J	20	VINE-CP	28.05
8	Lombard, Jana	17	LALE-CE	28.07
9	Hulse, Milla C	15	AZON-ET	28.12
10	Novello, Utah	18	TGA-WC	28.19

Heat 11 of 17 Prelims

1	Powell, Grace E	15	CSC-TS	27.91
2	Fourie, Madi L	16	INFA-NM	27.83
3	Azran, Jordana K	16	KLOO-ET	27.81
4	Vorster, Jana	16	TUKS-TS	27.80
5	Morris, Blake P	15	LINR-JH	27.79
6	Knoetze, Zandri	15	INFA-NM	27.80
7	Dewart, Cassidy	13	CA-EK	27.81
8	Matthews, Megan K	17	ASA-IL	27.82
9	Mbatha, Lwethu T	21	TUKS-TS	27.87
10	Gennarakis, Christina	17	CASC-CP	27.91

Heat 12 of 17 Prelims

1	Sinclair, Cassidy L	17	DRGN-JH	27.74
2	Combrink, Amy	15	VINE-CP	27.74
3	Day, Romy A	18	ELEC-TS	27.69
4	Prinsloo, Mila	17	ASAW-CE	27.68
5	Hinckley, Rachel J	16	CA-EK	27.65
6	Cornelius, Jolene	20	TUKS-TS	27.67
7	Vd Linde, Mila C	15	TUKS-TS	27.69
8	Aitken, Payton E	14	WSTV-ET	27.71
9	Kistnasami, Saskya	13	ASA-IL	27.74
10	De Jongh, Grace	18	LALE-CE	27.79

Heat 13 of 17 Prelims

1	Scott, Leah G	16	BLUO-UG	27.62
2	Scholtz, Ashley K	16	CA-EK	27.54
3	Oosthuizen, Emma	14	PAC-TS	27.44
4	Orchard, Milan M	14	VINE-CP	27.40
5	Chandiwana, Tafadzwa	16	MDOL-JH	27.36
6	Petersen, Kayla M	16	USC-BU	27.38
7	Macqueen, Emily K	15	SEAL-UM	27.43
8	Lott, Emily M	16	ASA-IL	27.50
9	Wenhold, Anri M	17	TUKS-TS	27.60
10	Ferreira, Hannah S	16	ASA-IL	27.64

Heat 14 of 17 Prelims

1	Dredge, Ruth J	16	PAC-TS	27.10
2	Lindsay, Tannah K	17	CA-EK	27.03
3	Le Roux, Scarlett	16	CA-EK	26.98
4	Yazbek, Leila	15	BLNE-MA	26.94
5	Burgess, Cassidy S	16	VINE-CP	26.92
6	Maritz, Gizelle G	15	WATR-JH	26.92
7	De Villers, Indiana S	17	SEAL-UM	26.95
8	Landmann, Julie	17	PSC-TS	27.01
9	Spies, Gemma T	12	INFA-NM	27.06
10	Hudson, Erin M	16	AA-JH	27.29

Heat 15 of 17 Prelims

1	Meier, Marné	25	CASC-CP	26.84
2	Fourie, Xandri	17	TRAZ-TS	26.69
3	Groepes, Rachel L	18	TUKS-TS	26.31
4	Mote, Jaime L	16	INFA-NM	25.87
5	Buys, Johanna J	24	VRC-TS	24.76
6	Carmody, Jessica M	16	AZON-ET	25.69
7	Helmand, Anieke	19	KOVS-MA	26.24
8	Baptiste, Taneal A	25	TUKS-TS	26.52
9	Cloete, Genna A	18	PSC-TS	26.76
10	Giraudeau, Melina	21	LALE-CE	26.91

Heat 16 of 17 Prelims

1	Claassen, Ella-May	17	PAC-TS	26.82
2	Wessels, Christine	18	TUKS-TS	26.64
3	Fury, Rebecca G	16	VINE-CP	26.28
4	Meyer, Kate J	21	TUKS-TS	25.84
5	Thompson, Jessica L	17	AA-JH	24.37
6	Morris, Grace	16	LALE-CE	25.63
7	Straw, Sam	23	TUKS-TS	26.21
8	Meikle, Carla C	22	SEAL-UM	26.49
9	Palmer, Emily A	15	USC-BU	26.74
10	Labuschagne, Alex-Ze	16	MGSC-UG	26.89

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 17 (#301 Women 50 SC Meter Freestyle)

1	Christie, Leah E	19	TGA-WC	26.82
2	Davidson, Lize-Marie	20	KOVS-MA	26.64
3	Vyncke, Giuliana	14	DRGN-JH	26.25
4	Kotze, Abigail	15	TYGE-CP	25.79
5	De Lange, Caitlin A	20	TUKS-TS	24.16
6	Venter, Kendra	18	INFA-NM	25.22
7	Knoblauch, Cara	17	LALE-CE	26.15
8	Robinson, Daena M	16	SEAL-UM	26.48
9	Laderach, Jesse-Leah	15	PEAS-NM	26.69
10	Stewart, Megan	18	AZON-ET	26.87

#302 Men 50 SC Meter Freestyle

2024Africa-S: 20.30 2009 ROLAND M. SCHOE

2025A-Short: 20.30 2009 ROLAND M. SCHOE

21.40 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 18 Prelims

1	Levinson, Liam R	13	SASE-JH	29.81
2	Gilbert, Thomas O	16	SAAW-CP	27.77
3	Vogelzang, Nicholas C	15	VASA-EK	27.36
4	Cupido, Nealyn C	15	FAAC	26.91
5	Karsten, Jody	17	BLMA-CP	26.85
6	Le Roux, Troy	14	CA-EK	26.89
7	de Fleuriet, Ryan	16	PER-JH	27.00
8	Arangies, Nico R	15	CRSC-JH	27.54
9	Yiorkas, Yiorgos	15	BLOT-MA	28.58

Heat 2 of 18 Prelims

1	Fish, Kieran M	16	CA-EK	26.75
2	King, Slade D	14	VASA-EK	26.62
3	Van Helden, Ethan C	16	ASAC-CP	26.61
4	Pautz, Nathan M	15	BLMA-CP	26.52
5	Spies, Ayden C	16	LINR-JH	26.48
6	Meyer, Richard	17	CA-EK	26.50
7	Andrew, Julian	19	PSC-TS	26.60
8	Gounden, Mikhael A	19	TGA-WC	26.61
9	van der Heever, Tren	14	CA-EK	26.71
10	Cook, Riley C	15	USC-BU	26.84

Heat 3 of 18 Prelims

1	Oosthuizen, Xander	15	TUKS-TS	26.23
2	Jardim, Miki A	17	SOUL-EK	26.21
3	Van Staden, Bjorn	16	SGUL-ET	26.09
4	Berejena, Ashley C	17	WATR-JH	26.03
5	De Beer, Hendro	15	PEAS-NM	25.97
6	September, Dominic	17	TUKS-TS	26.00
7	Storm, Ben S	16	CRSC-JH	26.08
8	van der Heever, Hayd	16	CA-EK	26.21
9	Zellie, Thomas J	17	SAAW-CP	26.22
10	Harris, Danyaal	16	CRSC-JH	26.32

Heat 4 of 18 Prelims

1	Oswald, Ethan R	15	CRSC-JH	25.92
2	Louw, Guillaume	21	CASC-CP	25.91
3	Bloch, Dylan	16	MDOL-JH	25.86
4	Forbes, Nicholas J	18	LALE-CE	25.72
5	Smit, MJ M	16	SAAW-CP	25.71
6	Mladovan, Jordan C	16	MDOL-JH	25.72
7	Bester, Francois A	17	QSAW-CE	25.75
8	Lotter, Dehan M	14	RBOT-BP	25.88
9	Vd Linde, Nolan	16	TUKS-TS	25.92
10	Terblanche, Kiaan C	18	LALE-CE	25.96

Heat 5 of 18 Prelims

1	Arwidi, Erik M	16	VASA-EK	25.68
2	Van Roooyen, Marius	15	TUKS-TS	25.65
3	Oosthuizen, Reon	16	HPS-TS	25.60
4	Hinteregger, Zack M	16	CA-EK	25.51
5	Peters, Levi T	15	TUKS-TS	25.50
6	Gous, Dewet J	16	FAAC	25.50
7	Du Preez, Shaun	17	SSISA-CP	25.53
8	Lai, Ethan Y	17	SEAL-UM	25.63
9	Morel, Daniel P	15	CA-EK	25.68
10	Engelbrecht, Ruben J	17	PLAY-CE	25.70

Heat 6 of 18 Prelims

1	Le Roux, Cuan B	16	AZON-ET	25.48
2	Jansen van Vuuren, E	17	PAC-TS	25.42
3	Lehnberg, Malan	18	FISH-ED	25.37
4	Van Der Linden, Anth	16	CA-EK	25.35
5	De Wit, Luan W	16	TUKS-TS	25.32
6	Bezuidenhout, Carlo	15	FISH-ED	25.33
7	Calitz, Juan	15	BLNE-MA	25.35
8	Harrison, Jordan T	15	AA-JH	25.42
9	Uys, Keegan	17	LALE-CE	25.43
10	Swanepoel, Xander	15	BAS-EK	25.49

Heat 7 of 18 Prelims

1	Alebras, George M	17	CRSC-JH	25.32
2	Delpont, Oliver N	17	BLUO-UG	25.30
3	Van Wyk, Wayne E	16	ASAC-CP	25.26
4	Kleinbans, Kyle	18	SSISA-CP	25.25
5	Mukaz, Olivier T	17	SEAL-UM	25.25
6	Potgieter, Cody B	15	PSCP-UM	25.25
7	Heine, Jett C	14	PEAS-NM	25.26
8	Arnold, Ben G	16	USC-BU	25.27
9	Van Schaik, Luc	14	VINE-CP	25.30
10	Vorster, Wiaan	17	RBOT-BP	25.32

Heat 8 of 18 Prelims

1	Lutchman, Skyler C	14	HPS-TS	25.21
2	Linde, Brandon L	17	TUKS-TS	25.19
3	Norton, Trent A	18	CA-EK	25.18
4	Botha, Ryan	14	PER-JH	25.14
5	Pretorius, Dandré P	19	CA-EK	25.11
6	Kalil, Greg P	14	ASA-IL	25.12
7	Viduya, Jayden A	13	INFA-NM	25.17
8	Coetzer, JC C	15	BLOT-MA	25.18
9	Dewart, Connor	16	CA-EK	25.21
10	Raynard, Everraud M	14	KLOO-ET	25.22

Heat 9 of 18 Prelims

1	Saayman, Liam	16	TUKS-TS	25.09
2	Engelbrecht, Stephan	16	WATR-JH	25.06
3	Haupt, Rhys A	15	VINE-CP	25.03
4	Bothma, Christiaan	17	HREF-BP	25.00
5	Hartigan, Ross M	25	CRSC-JH	24.96
6	Fry, Nicholas G	17	OLDE-JH	25.00
7	Geyser, Jacques M	17	LALE-CE	25.01
8	Steyn, Hennie H	22	PSC-TS	25.05
9	Jacobs, Pieter D	18	AZON-ET	25.07
10	Strydom, Conrad M	15	TYGE-CP	25.11

Heat 10 of 18 Prelims

1	Han, Gabriel	16	TUKS-TS	24.86
2	Hieckmann, Ethan H	23	BARR-CP	24.84
3	Cartwright, Andrew C	19	TUKS-TS	24.81
4	Wollenschlaeger, Noz	16	VINE-CP	24.78
5	Louw, Adriaan B	18	TUKS-TS	24.68
6	Benecke, Alexander	16	SSISA-CP	24.73
7	Van der Linde, Shane	16	SEAL-UM	24.80
8	Harvey, Cameron J	17	AZON-ET	24.82
9	van Eeden, Christiaan	17	HREF-BP	24.85
10	De Lange, Devin I	16	TUKS-TS	24.94

Heat 11 of 18 Prelims

1	Cooks, Chakota	19	CA-EK	24.65
2	Mann, Matthew A	16	CA-EK	24.56
3	Basson, Wilan	18	ASAC-CP	24.53
4	Gomes Mungumbe, I	17	TUKS-TS	24.45
5	Grobbelaar, Janco J	15	FAAC	24.43
6	Mbao, Benaiah M	16	TUKS-TS	24.43
7	Kassebaum, Clayton I	17	AA-JH	24.51
8	Pienaar, Harold W	16	PGAC-EK	24.53
9	Wessels, Guy T	16	TUKS-TS	24.59
10	Gibson, Sean	16	SGUL-ET	24.65

Heat 12 of 18 Prelims

1	Brady, Jonathan L	14	VASA-EK	24.37
2	West, Gabriel	19	TYGE-CP	24.36
3	De Waldon-Holmes, F	17	CA-EK	24.32
4	MACKAY, Len-Douglas	20	KOVS-MA	24.29
5	Fairweather, Jared C	18	TUKS-TS	24.26
6	Radley, Henning J	16	UNI-EZ	24.27
7	Mhlanga, Bjorn N	18	WATR-JH	24.31
8	Holland, Cullen W	18	CRSC-JH	24.35
9	Beatt, Will D	15	PEAS-NM	24.36
10	Studer, Christopher S	17	CA-EK	24.40

Heat 13 of 18 Prelims

1	Evans, Hayden C	17	CA-EK	24.26
2	Klingbiel, Gustav	18	TKS-WB	24.22
3	Hunt, Matt P	18	SEAL-UM	24.12
4	Domiter, Claudio J	16	CA-EK	24.09
5	Govender, Dhilan	18	SGUL-ET	24.07
6	Van Greunen, Renier	17	FISH-ED	24.09
7	Burger, Neil	17	UNI-EZ	24.10
8	George, Jeremiah	18	SEAL-UM	24.14
9	Whelan, Kai R	15	CA-EK	24.22
10	Bromfield, Michael V	23	LALE-CE	24.26

Heat 14 of 18 Prelims

1	Thompson, Kingsley I	18	PSCP-UM	24.04
2	Arwidi, Anton A	18	VASA-EK	24.03
3	Loom, Bryce P	18	SEAL-UM	23.98
4	Van Heerden, Michae	17	VASA-EK	23.90
5	Landmann, Armand J	16	PSC-TS	23.78
6	Briggs, Jason D	17	MDOL-JH	23.85
7	Thomas, Christian M	16	ELEC-TS	23.97
8	Pretorius, Nicholas J	15	PEAS-NM	24.00
9	Frew, Tristan M	18	SEAL-UM	24.04
10	Turpin, Nathan	20	AA-JH	24.05

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 15 (#302 Men 50 SC Meter Freestyle)

1	Hendricks, Robert A	19	VINE-CP	23.76
2	Lotter, Jordan B	22	VASA-EK	23.66
3	Lightening, Grant R	17	TUKS-TS	23.53
4	Dredge, Elijah E	19	BAS-EK	23.49
5	Ferley, Amos	17	SEY	23.45
6	Landmann, Ramon J	21	PSC-TS	23.47
7	Sutcliffe, Ayrton K	17	WSTV-ET	23.52
8	Binsbergen, Kai	19	TUKS-TS	23.54
9	Loots, Andre S	16	LALE-CE	23.70
10	Pretorius, Luuk E	16	KNYA-ED	23.77

Heat 16 of 18 Prelims

1	Friend, Nathanael	20	PSC-TS	23.37
2	Wimble, Callum A	21	SEAL-UM	23.11
3	Maritz, Armand	27	TUKS-TS	22.97
4	Lottering, Ricky M	18	SEAL-UM	22.87
5	Godfrey, Blake B	21	TUKS-TS	22.68
6	Godfrey, Aiden C	18	TUKS-TS	22.76
7	Raynard, Keyontae L	19	TUKS-TS	22.94
8	Moncherry, Adam J	26	LALE-CE	23.01
9	Schlechter, Gustav	22	FISH-ED	23.19
10	Bradshaw, Jordan D	23	CRSC-JH	23.44

Heat 17 of 18 Prelims

1	Kriegler, Christiaan C	19	LALE-CE	23.34
2	Egger, Declan C	19	AA-JH	23.03
3	Sandri, Luca	17	KLOO-ET	22.96
4	Sates, Matt E	21	SEAL-UM	22.82
5	Eaton, Jarden D	19	CRSC-JH	22.38
6	Van Renen, Ruard	21	LALE-CE	22.74
7	Nel, Edmund A	18	HARB-BP	22.93
8	Pretorius, Matthew J	17	USC-BU	23.00
9	Oliver, Cameron M	28	CA-EK	23.18
10	Cleator, Clayton J	17	AZON-ET	23.40

Heat 18 of 18 Prelims

1	Naidoo, Kaydn K	21	BEAV-ET	23.23
2	Kruger, Arno S	22	TUKS-TS	23.01
3	Mahan, Owethu S	20	TUKS-TS	22.95
4	Nortje, Gabriel P	23	SGUL-ET	22.80
5	Esterhuysen, Joshua I	17	TYGE-CP	22.21
6	Bornman, Aiden	19	TUKS-TS	22.70
7	Van Rensburg, Anand	25	TUKS-TS	22.90
8	Van Heerden, Stefan I	18	LALE-CE	22.99
9	Dos Santos, Giano	22	TUKS-TS	23.14
10	Caldwell, Matthew D	18	CA-EK	23.40

#303 Women 100 SC Meter Breaststroke Multi-Cl

2024Africa-S: 1:03.89 2020 Tatjana R. Schoenn

2025A-Short: 1:03.89 2020 Tatjana R. Schoenn

1:05.28 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 1 Prelims

4	Fowler, Cornelia J SB	44	KLOO-ET	2:00.53
5	Vyncke, Danika SB13	17	DRGN-JH	1:20.41
6	Vyncke, Ivana SB13	16	DRGN-JH	1:34.63
7	Vd Merwe, Mia SB14	25	CASC-CP	2:03.62

#304 Men 100 SC Meter Breaststroke Multi-Class

2024Africa-S: 55.61 2009 CAMERON VD BUR

2025A-Short: 55.61 2009 CAMERON VD BUR

57.63 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 1 Prelims

4	Coetzer, Leon M SB9	13	SEAL-UM	1:35.26
5	Putz, Aaron A SB14	28	WSTV-ET	1:15.80
6	Vergotine, Valentino I	37	VINE-CP	1:21.80
7	Lawrence, Elih SB14	22	BLNE-MA	1:42.90

#305 Women 50 SC Meter Breaststroke

2024Africa-S: 29.09 2022 Lara Van Niekerk -

2025A-Short: 29.09 2022 Lara Van Niekerk -

30.45 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 8 Prelims

4	Beling, Hayley E	16	BAS-EK	39.79
5	Douglas, Gabby J	16	BAS-EK	38.17
6	Palmer, Emily A	15	USC-BU	38.75

Heat 2 of 8 Prelims

1	McCabe, Talia G	12	WATR-JH	37.96
2	Nagel, Xanthe	16	HREF-BP	37.52
3	de Waal, Araya	16	PGAC-EK	36.93
4	Palmer, Carleigh	17	AA-JH	36.64
5	Boettger, Jodi A	15	USC-BU	36.53
6	Springer, Leila E	14	SASE-JH	36.62
7	Gerber, Mia	16	LALE-CE	36.69
8	Schreuder, Hannah G	16	SAAW-CP	37.12
9	Meeser, Paige V	14	CA-EK	37.67
10	Kassebaum, Taylor L	14	AA-JH	38.00

Heat 3 of 8 Prelims

1	Sardinha, Jessica S	16	BAS-EK	36.28
2	Hebler, Lily M	15	QSAW-CE	36.21
3	Putter, Demi	14	CASC-CP	35.84
4	Morris, Jenna	15	VINE-CP	35.79
5	De Beer, Caileigh	14	BLOT-MA	35.67
6	Beling, Nicole V	16	CA-EK	35.74
7	Kistnasami, Saskya	13	ASA-IL	35.82
8	Hemphill, Taylor	17	SEAL-UM	35.97
9	Van Der Wath, Izi	14	KNYA-ED	36.27
10	Jordaen, Nanette	17	BLOT-MA	36.45

Heat 4 of 8 Prelims

1	Novello, Utah	18	TGA-WC	35.53
2	Scott, Leah G	16	BLUO-UG	35.46
3	Pharoah, Morgan L	18	TUKS-TS	35.40
4	Lin, Cleo	17	WATR-JH	35.33
5	Kruger, Lize-Marie	15	BLNE-MA	35.29
6	Mc Laren, Sarah L	17	SEAL-UM	35.33
7	van Vught, Juliette J	16	SASE-JH	35.39
8	Otto, Abigail S	16	CA-EK	35.45
9	Jackson, Christine D	17	ELEC-TS	35.51
10	Hugo, Anika S	18	QSAW-CE	35.66

Heat 5 of 8 Prelims

1	Putter, Tanè	17	TYGE-CP	35.20
2	Hudson, Erin M	16	AA-JH	34.93
3	Dube, Caitlyn K	15	MDOL-JH	34.87
4	Roman, Jemmah A	13	INFA-NM	34.56
5	Helmand, Anieke	19	KOVS-MA	34.32
6	French, Sofia J	17	TUKS-TS	34.36
7	Cornelius, Jolene	20	TUKS-TS	34.74
8	Venter, Zuria I	14	CA-EK	34.88
9	Eldar, Ella	15	TUKS-TS	35.00
10	De Vos, Meandri	14	BLOT-MA	35.26

Heat 6 of 8 Prelims

1	Combrink, Amy	15	VINE-CP	33.84
2	Meier, Marné	25	CASC-CP	33.52
3	Taylor, Helen J	26	AZON-ET	33.24
4	Petersen, Kayla M	16	USC-BU	32.70
5	Cope, Morgan M	18	LALE-CE	30.97
6	Van Den Berg, Gabriele	15	ELEC-TS	32.34
7	Gouws, Lara W	15	TUKS-TS	32.89
8	Gray, Loghan A	17	MDOL-JH	33.42
9	Storm, Kirsten	18	CRSC-JH	33.66
10	Ferreira, Q-Rize	20	TUKS-TS	34.01

Heat 7 of 8 Prelims

1	Begley, Kendra	16	INFA-NM	33.74
2	Van Jaarsveld, Sune	23	TUKS-TS	33.51
3	Sikiotis, Cassandra H	17	MDOL-JH	33.21
4	Cloete, Kiera V	18	SASE-JH	32.35
5	Els, Georgia C	18	TUKS-TS	30.75
6	Van Heerden, Keira	17	INFA-NM	31.82
7	Gous, Kayla G	15	USC-BU	32.78
8	Vd Wal, Mieke	16	CASC-CP	33.40
9	Giraudeau, Melina	21	LALE-CE	33.63
10	Brady, Kirstin A	16	VASA-EK	33.93

Heat 8 of 8 Prelims

1	Dal Medico, Michaela	19	TUKS-TS	33.73
2	Penn, Tyra	15	WATR-JH	33.49
3	Fury, Rebecca G	16	VINE-CP	32.99
4	Robinson, Daena M	16	SEAL-UM	32.35
5	Van Niekerk, Lara	21	PAC-TS	28.91
6	Meyer, Kate J	21	TUKS-TS	31.54
7	Viduya, Myra K	17	INFA-NM	32.73
8	Ralfe, Cara L	19	TUKS-TS	33.31
9	Kuhn, Rebecca L	16	CA-EK	33.60
10	Straszacker, Kristen C	24	CASC-CP	33.87

#306 Men 50 SC Meter Breaststroke

2024Africa-S: 25.25 2009 CAMERON VD BUR

2025A-Short: 25.25 2009 CAMERON VD BUR

26.57 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 9 Prelims

2	Cupido, Nealyn C	15	FAAC	35.48
3	Swanepoel, Xander	15	BAS-EK	34.33
4	Putz, Nathan M	15	BLMA-CP	34.09
5	Bloch, Dylan	16	MDOL-JH	33.87
6	Du Preez, Shaun	17	SSISA-CP	34.08
7	Arwidi, Erik M	16	VASA-EK	34.10
8	Lotter, Dehan M	14	RBOT-BP	34.47
9	Van Schaik, Luc	14	VINE-CP	36.39

Heat 2 of 9 Prelims

1	Heine, Jett C	14	PEAS-NM	33.72
2	Zellie, Thomas J	17	SAAW-CP	33.59
3	Harris, Danyaal	16	CRSC-JH	33.32
4	Le Roux, Troy	14	CA-EK	33.26
5	Stanfliet, Nicholas	14	VINE-CP	32.65
6	Kinnear, Connor	16	TYGE-CP	32.74
7	Yiorkas, Yiorgos	15	BLOT-MA	33.30
8	van der Heever, Tren	14	CA-EK	33.56
9	Oosthuizen, Xander	15	TUKS-TS	33.65
10	Vd Linde, Nolan	16	TUKS-TS	33.85

Heat 3 of 9 Prelims

1	Arangies, Nico R	15	CRSC-JH	32.45
2	Briggs, Jason D	17	MDOL-JH	32.32
3	Storm, Ben S	16	CRSC-JH	32.26
4	van der Merwe, Eben	15	PAC-TS	32.24
5	Bester, DJ J	15	TRAZ-TS	31.92
6	Haupt, Rhys A	15	VINE-CP	32.05
7	Turpin, Nathan	20	AA-JH	32.24
8	February, Gerard G	15	CASC-CP	32.32
9	De Lange, Devin I	16	TUKS-TS	32.45
10	Engelbrecht, Ruben J	17	PLAY-CE	32.58

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 4 (#306 Men 50 SC Meter Breaststroke)

1	Arnold, Ben G	16	USC-BU	31.84
2	Krenin, Damon R	17	CASC-CP	31.72
3	Jacobs, Pieter D	18	AZON-ET	31.60
4	Viduya, Jayden A	13	INFA-NM	31.44
5	Oswald, Ethan R	15	CRSC-JH	31.35
6	Pillay, Troy S	17	SEAL-UM	31.40
7	Fish, Kieran M	16	CA-EK	31.51
8	Potgieter, Cody B	15	PSCP-UM	31.64
9	de Fleuriot, Ryan	16	PER-JH	31.79
10	Jansen van Vuuren, E	17	PAC-TS	31.88

Heat 5 of 9 Prelims

1	Van Heerden, Stefan F	18	LALE-CE	31.23
2	Vogelzang, Nicholas C	15	VASA-EK	31.10
3	Meyer, Ricchard	17	CA-EK	31.06
4	Drury, Joshua	14	AA-JH	30.95
5	Theron, Francois F	29	FAAC	30.75
6	Govender, Dhilan	18	SGUL-ET	30.76
7	Druce, Jaeger M	17	SOUL-EK	31.04
8	Linde, Brandon L	17	TUKS-TS	31.06
9	Sefehle, Thato S	15	WSTV-ET	31.23
10	Martin, Cole A	14	SGUL-ET	31.34

Heat 6 of 9 Prelims

1	Van Staden, Bjorn	16	SGUL-ET	30.72
2	Lotter, Jordan B	22	VASA-EK	30.46
3	Nel, Aiden	17	KOVS-MA	30.38
4	Klein, Adam J	18	SEAL-UM	30.21
5	Holtzhausen, Neil	17	HREF-BP	30.16
6	Malan, Johan S	17	CASC-CP	30.18
7	Arwidi, Anton A	18	VASA-EK	30.36
8	Theron, Luca D	16	VINE-CP	30.38
9	Harrison, Jordan T	15	AA-JH	30.56
10	Godfrey, Blake B	21	TUKS-TS	30.72

Heat 7 of 9 Prelims

1	Maclou, Chase J	18	PSCP-UM	29.87
2	Cleator, Clayton J	17	AZON-ET	29.58
3	De Waldon-Holmes, F	17	CA-EK	29.28
4	Thomas, Shaun M	19	INFA-NM	28.50
5	Smit, Ruben F	18	TUKS-TS	26.93
6	Lange, Oliva N	20	TUKS-TS	28.23
7	Van Greunen, Renier	17	FISH-ED	29.03
8	Heslop, Jonathan V	21	TUKS-TS	29.49
9	Bester, Francois A	17	QSAW-CE	29.71
10	Domiter, Claudio J	16	CA-EK	30.04

Heat 8 of 9 Prelims

1	Kinsey, Callyn L	18	LEGC-ET	29.80
2	Wimble, Callum A	21	SEAL-UM	29.58
3	Clayton, Franco P	18	LALE-CE	29.07
4	Fisher, Daniel N	17	KLOO-ET	28.45
5	Randle, Matthew J	21	TUKS-TS	26.87
6	Keylock, Kian C	19	TUKS-TS	28.10
7	Egger, Declan C	19	AA-JH	28.94
8	Pretorius, Matthew J	17	USC-BU	29.48
9	Hartigan, Ross M	25	CRSC-JH	29.66
10	Cloete, Scott X	19	LINR-JH	30.01

Heat 9 of 9 Prelims

1	Botha, Dylan	21	NMU-NM	29.74
2	Phillips, Haytham	18	ELEC-TS	29.57
3	Niemand, Zaine	16	TUKS-TS	29.03
4	Van Rensburg, Anand	25	TUKS-TS	28.28
5	Smith, Chris F	18	TRAZ-TS	26.28
6	Truter, Petrus C	21	LALE-CE	27.19
7	Friend, Nathanael	20	PSC-TS	28.87
8	Malherbe, Nicholas N	17	LALE-CE	29.32
9	Dreyer, Hein J	16	PAC-TS	29.65
10	Gilbert, Andrew A	15	SAAW-CP	29.95

#307 Women 100 SC Meter Backstroke

2024Africa-S:	56.56	2009	Chanelle Van Wyk
2025SA-Short:	56.56	2009	Chanelle Van Wyk
	58.08	WAQT World Aquatic QT-	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	McCabe, Talia G	12	WATR-JH	1:22.96
2	van der Merwe, Aime	12	MDOL-JH	1:16.45
3	Marx, Micah	14	CA-EK	1:15.84
4	Kotzè, Tamsyn G	17	BLMA-CP	1:15.20
5	Azran, Jordana K	16	KLOO-ET	1:14.98
6	Barber-Luna, Layla R	12	MDOL-JH	1:15.01
7	Sardinha, Jessica S	16	BAS-EK	1:15.28
8	Pienaar, Mia	13	PGAC-EK	1:15.86
9	Chandiwana, Tafadzwa	16	MDOL-JH	1:19.55

Heat 2 of 10 Prelims

1	Helmand, Jana	17	BLOT-MA	1:14.00
2	Morris, Jenna	15	VINE-CP	1:13.69
3	Strong, Ava J	15	PEAS-NM	1:13.52
4	Jones, Amy-Lee	15	CA-EK	1:13.23
5	Hulse, Milla C	15	AZON-ET	1:12.98
6	Sandilands, Hannah C	16	DRGN-JH	1:13.08
7	Watson, Caitlin C	17	BLMA-CP	1:13.38
8	Higgins, Emily S	14	CA-EK	1:13.58
9	Lin, Kaia	14	WATR-JH	1:14.00
10	Kleynhans, Megan	14	LINR-JH	1:14.81

Heat 3 of 10 Prelims

1	Bruyns, Isabella M	15	MDOL-JH	1:12.96
2	Murray, Rachel T	17	HARL-BU	1:12.19
3	Ward, Marlene	15	TUKS-TS	1:12.00
4	Van der Vyver, Ella L	14	ASA-IL	1:11.81
5	Chivandire, Eliencia T	13	WATR-JH	1:11.58
6	Stork, Kelly A	15	BAS-EK	1:11.73
7	Knoetze, Zandri	15	INFA-NM	1:11.96
8	Ismail, Amani	19	ATLA-JH	1:12.03
9	Malan, Evelyn H	14	TUKS-TS	1:12.31
10	Lothian, Roxanne	18	PER-JH	1:12.97

Heat 4 of 10 Prelims

1	Sequeira, Ana C	16	CA-EK	1:11.30
2	Putter, Demi	14	CASC-CP	1:10.78
3	Dredge, Ruth J	16	PAC-TS	1:10.51
4	Doubell, Cassidey R	16	CRSC-JH	1:10.09
5	Bouw, Ella A	17	PER-JH	1:09.88
6	vd Walt, Mia	20	TUKS-TS	1:10.04
7	Liebenberg, Hannah J	16	PAC-TS	1:10.11
8	Brown, Amy	16	SEAL-UM	1:10.70
9	Oosthuizen, Emma	14	PAC-TS	1:11.20
10	Beling, Hayley E	16	BAS-EK	1:11.31

Heat 5 of 10 Prelims

1	Lin, Cleo	17	WATR-JH	1:09.67
2	Landmann, Julie	17	PSC-TS	1:09.49
3	Lategan, Emma M	15	CASC-CP	1:09.30
4	Trout, Sophia L	15	VINE-CP	1:09.22
5	Pearse, Jemma S	15	VINE-CP	1:09.12
6	Douglas, Gabby J	16	BAS-EK	1:09.17
7	Gous, Morgan A	13	INFA-NM	1:09.23
8	Day, Romy A	18	ELEC-TS	1:09.43
9	Daffarn, Eri J	20	VINE-CP	1:09.67
10	Higgs, Maddy G	14	INFA-NM	1:09.81

Heat 6 of 10 Prelims

1	Hinckley, Rachel J	16	CA-EK	1:08.98
2	Claassen, Ella-May	17	PAC-TS	1:08.67
3	Ryser, Aurora	17	TYGE-CP	1:08.50
4	Macqueen, Emily K	15	SEAL-UM	1:08.31
5	Smit, Jenna	17	CASC-CP	1:08.14
6	Andraos, Hannah	21	TUKS-TS	1:08.23
7	Frösler, Mikayla A	15	PEAS-NM	1:08.35
8	Scorgie, Madison	17	AA-JH	1:08.64
9	Van den Berg, Une	16	AA-JH	1:08.95
10	Tandy, Morgan R	13	CA-EK	1:09.04

Heat 7 of 10 Prelims

1	Lombard, Jana	17	LALE-CE	1:07.99
2	Jones, Gemma K	16	VINE-CP	1:07.83
3	Olivier, Chloe	15	CA-EK	1:07.21
4	Smidt, Clío J	17	VINE-CP	1:07.04
5	Hebler, Lily M	15	QSAW-CE	1:06.66
6	Ebing, Ashley	19	TUKS-TS	1:07.01
7	Newton, Ava L	14	CASC-CP	1:07.20
8	Nichol, Scarlett I	18	TUKS-TS	1:07.68
9	Hayes, Kerrigan L	15	CASC-CP	1:07.86
10	Gous, Sienna R	14	INFA-NM	1:08.11

Heat 8 of 10 Prelims

1	Spies, Gemma T	12	INFA-NM	1:05.91
2	Thormahlen, Heike	25	TUKS-TS	1:05.35
3	Lindsay, Tannah K	17	CA-EK	1:04.59
4	Lambert, Bailey G	15	SEAL-UM	1:02.95
5	Herbst, Kerryn L	21	TUKS-TS	1:00.96
6	Maritz, Gizelle G	15	WATR-JH	1:01.90
7	De Jongh, Grace	18	LALE-CE	1:03.93
8	Davidson, Lize-Marie	20	KOVS-MA	1:04.77
9	Vd Linde, Mila C	15	TUKS-TS	1:05.61
10	Mc Laren, Sarah L	17	SEAL-UM	1:06.42

Heat 9 of 10 Prelims

1	O'Connor, Amy	15	CRSC-JH	1:05.77
2	Venter, Kendra	18	INFA-NM	1:05.18
3	Orchard, Milan M	14	VINE-CP	1:04.13
4	Morris, Grace	16	LALE-CE	1:02.73
5	Pearse, Hannah C	21	TUKS-TS	1:00.83
6	Thompson, Jessica L	17	AA-JH	1:01.15
7	Baptiste, Taneal A	25	TUKS-TS	1:03.87
8	Le Roux, Scarlett	16	CA-EK	1:04.71
9	Carmody, Jessica M	16	AZON-ET	1:05.50
10	Gous, Kayla G	15	USC-BU	1:06.25

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 10 (#307 Women 100 SC Meter Backstroke)			
1	Matthews, Megan K	17	ASA-IL 1:05.65
2	Mbatha, Lwethu T	21	TUKS-TS 1:04.79
3	Wessels, Christine	18	TUKS-TS 1:04.13
4	De Villers, Indiana S	17	SEAL-UM 1:02.63
5	Drakopoulos, Milla A	18	SEAL-UM 1:00.78
6	Burgess, Cassidy S	16	VINE-CP 1:01.15
7	Straw, Sam	23	TUKS-TS 1:03.76
8	Kotze, Abigail	15	TYGE-CP 1:04.69
9	Coetzee, Jenna	16	INFA-NM 1:05.49
10	Ferreira, Hannah S	16	ASA-IL 1:06.20

#308 Men 100 SC Meter Backstroke

2024Africa-S:	49.60	2022	Pieter Coetzee-Worl
2025SA-Short:	49.60	2022	Pieter Coetzé at 16
	51.30		WAQT World Aquatic QT-

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

3	Levinson, Liam R	13	SASE-JH 1:11.40
4	Gilbert, Thomas O	16	SAAW-CP 1:08.80
5	Botha, Ryan	14	PER-JH 1:08.50
6	Cupido, Nealyn C	15	FAAC 1:08.50
7	Berejena, Ashley C	17	WATR-JH 1:09.78

Heat 2 of 10 Prelims

1	Hinteregger, Zack M	16	CA-EK 1:07.71
2	Jardim, Miki A	17	SOUL-EK 1:07.34
3	Karsten, Jody	17	BLMA-CP 1:06.64
4	Lehnberg, Malan	18	FISH-ED 1:05.61
5	Engelbrecht, Ruben J	17	PLAY-CE 1:05.34
6	Hartman, Nathan S	15	BLUO-UG 1:05.52
7	Le Roux, Cuan B	16	AZON-ET 1:05.85
8	Terblanche, Luan L	16	TYGE-CP 1:07.00
9	Holland, Cullen W	18	CRSC-JH 1:07.57
10	Calitz, Juan	15	BLNE-MA 1:08.08

Heat 3 of 10 Prelims

1	Lotter, Dehan M	14	RBOT-BP 1:04.98
2	Van Schaik, Luc	14	VINE-CP 1:04.89
3	Swanepoel, Xander	15	BAS-EK 1:04.86
4	McCabe, Michael	15	WATR-JH 1:04.77
5	September, Dominic J	17	TUKS-TS 1:04.49
6	Lutchman, Skyler C	14	HPS-TS 1:04.70
7	Geyser, Jacques M	17	LALE-CE 1:04.80
8	Gounden, Mikhael A	19	TGA-WC 1:04.88
9	Kalil, Greg P	14	ASA-IL 1:04.93
10	Holton, Riley	17	ASA-IL 1:05.31

Heat 4 of 10 Prelims

1	van der Heever, Hayd	16	CA-EK 1:03.91
2	Grobbelaar, Janco J	15	FAAC 1:03.63
3	Schoeman, Heindrich	15	TUKS-TS 1:03.46
4	Louw, Guillaume	21	CASC-CP 1:03.32
5	Bezuidenhout, Ernst	14	CASC-CP 1:02.89
6	McPetric, James L	17	MANT-CP 1:03.28
7	Sefehle, Ramano S	14	WSTV-ET 1:03.42
8	Terblanche, Kiaan C	18	LALE-CE 1:03.46
9	Van Der Linden, Anth	16	CA-EK 1:03.76
10	Andrew, Julian	19	PSC-TS 1:04.21

Heat 5 of 10 Prelims

1	Bezuidenhout, Carlo	15	FISH-ED 1:02.68
2	Radley, Henning J	16	UNI-EZ 1:02.36
3	Loots, Andre S	16	LALE-CE 1:02.25
4	Landmann, Armand J	16	PSC-TS 1:02.04
5	Morel, Daniel P	15	CA-EK 1:01.96
6	Landmann, Ramon J	21	PSC-TS 1:02.02
7	Meier, Conrad	16	TUKS-TS 1:02.24
8	Pienaar, Harold W	16	PGAC-EK 1:02.27
9	Pretorius, Nicholas J	15	PEAS-NM 1:02.50
10	Pretorius, Dandré P	19	CA-EK 1:02.82

Heat 6 of 10 Prelims

1	Vorster, Wiaan	17	RBOT-BP 1:01.69
2	Cook, Riley C	15	USC-BU 1:01.56
3	Theron, Adam R	14	WSTV-ET 1:01.20
4	Fry, Nicholas G	17	OLDE-JH 1:00.88
5	Van Rooyen, Marius	15	TUKS-TS 1:00.75
6	Norton, Trent A	18	CA-EK 1:00.81
7	Kleinhans, Kyle	18	SSISA-CP 1:01.19
8	Marillier, Matthew P	18	SEAL-UM 1:01.51
9	Cooks, Chakota	19	CA-EK 1:01.63
10	Oosthuizen, Reon	16	HPS-TS 1:01.85

Heat 7 of 10 Prelims

1	Gross-Mitchell, Travis	19	TUKS-TS 1:00.62
2	Minderon, Bryce	17	PEAS-NM 1:00.38
3	Duckham, Michael P	22	SEAL-UM 1:00.30
4	Wollenschlaeger, Noa	16	VINE-CP 1:00.10
5	Pretorius, Luuk E	16	KNYA-ED 59.78
6	Strydom, Conrad M	15	TYGE-CP 59.79
7	Lamb, Patrick R	17	SEAL-UM 1:00.11
8	Spies, Ayden C	16	LINR-JH 1:00.36
9	Ferley, Amos	17	SEY 1:00.45
10	Deng, Ting Wei	17	CA-EK 1:00.66

Heat 8 of 10 Prelims

1	Burger, Neil	17	UNI-EZ 59.43
2	Bestel, Luc M	15	VINE-CP 58.32
3	Mann, Matthew A	16	CA-EK 57.46
4	Theron, Ronan	21	TUKS-TS 56.04
5	Naidoo, Kaydn K	21	BEAV-ET 54.98
6	Pool-Jones, Jonah B	21	LALE-CE 55.58
7	Louw, Adriaan B	18	TUKS-TS 56.71
8	Loom, Bryce P	18	SEAL-UM 57.65
9	Harris, Danyaal	16	CRSC-JH 59.19
10	O'Connor, Matt	18	CRSC-JH 59.56

Heat 9 of 10 Prelims

1	De Wit, Luan W	16	TUKS-TS 59.29
2	van Eeden, Christiaan	17	HREF-BP 58.12
3	Van Heerden, Michae	17	VASA-EK 57.19
4	Van Wyk, Adrian R	16	TUKS-TS 56.00
5	Dos Santos, Giano	22	TUKS-TS 54.52
6	Esterhuysen, Christia	17	TUKS-TS 55.28
7	Esterhuysen, Joshua	17	TYGE-CP 56.42
8	Wimble, Callum A	21	SEAL-UM 57.56
9	Labuschagne, Jeremy	18	SSISA-CP 58.86
10	MACKAY, Len-Dougla	20	KOVs-MA 59.56

Heat 10 of 10 Prelims

1	Bothma, Christiaan	17	HREF-BP 59.19
2	Dredge, Elijah E	19	BAS-EK 57.96
3	Vd Merwe, Darno	20	TUKS-TS 56.86
4	Cromhout, Lance	17	TUKS-TS 55.59
5	Van Renen, Ruard	21	LALE-CE 49.89
6	Oliver, Cameron M	28	CA-EK 55.22
7	Muller, Helgaard W	16	TUKS-TS 56.20
8	Kriegler, Christiaan C	19	LALE-CE 57.48
9	Hieckmann, Ethan H	23	BARR-CP 58.42
10	Gibson, Sean	16	SGUL-ET 59.52

#309 Women 100 SC Meter Butterfly Multi-Class

2024Africa-S:	56.46	2019	Farida Osman-Inte
2025SA-Short:	56.52	2007	Lize Mari Reteif-In
	57.40		WAQT World Aquatic QT-

Name	Age	Team	Seed Time
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--- No entries for event

#310 Men 100 SC Meter Butterfly Multi-Class S1

2024Africa-S:	48.08	2016	Chad G. Le Clos at 1
2025SA-Short:	48.08	2016	Chad G. Le Clos at -
	50.57		WAQT World Aquatic QT-

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Prelims

5	Putz, Aaron A S14	28	WSTV-ET 1:11.57
6	Coetzer, Leon M S10	13	SEAL-UM 1:25.94

#311 Women 200 SC Meter IM

2024Africa-S:	2:06.13	2008	Kirsty Coventry at
2025SA-Short:	2:07.47	2022	Rebecca A. Meder :
	2:10.16		WAQT World Aquatic QT-

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

4	Kistnasami, Saskya	13	ASA-IL 2:54.28
5	McCabe, Talia G	12	WATR-JH 2:46.95
6	Chivandire, Eliecia T	13	WATR-JH 2:48.82
7	Chandiwana, Tafadzwa	16	MDOL-JH 3:01.91

Heat 2 of 10 Prelims

1	Abrams, Mackenzie E	13	USC-BU 2:43.07
2	Douglas, Gabby J	16	BAS-EK 2:42.32
3	Dube, Caitlyn K	15	MDOL-JH 2:40.87
4	Wium, Mari	15	QSAW-CE 2:39.25
5	Barbour, Robyn R	15	MDOL-JH 2:38.86
6	Lin, Kaia	14	WATR-JH 2:39.24
7	Murray, Rachel T	17	HARL-BU 2:40.14
8	De Vos, Meandri	14	BLOT-MA 2:41.61
9	de Waal, Araya	16	PGAC-EK 2:42.73
10	Barrow, Sophie L	13	MDOL-JH 2:44.85

Heat 3 of 10 Prelims

1	Cloete, Kiera V	18	SASE-JH 2:38.52
2	Jordaan, Nanette	17	BLOT-MA 2:37.96
3	Ferreira, Caeli	12	CRSC-JH 2:37.86
4	Kassebaum, Taylor L	14	AA-JH 2:37.53
5	Helmand, Anieke	19	KOVs-MA 2:37.28
6	Hughes, Kacey A	14	STSC-KC 2:37.41
7	Durig, Leah N	17	CRSC-JH 2:37.66
8	Springer, Leila E	14	SASE-JH 2:37.87
9	Higgins, Emily S	14	CA-EK 2:38.37
10	Cole - Edwardes, Emr	14	SEAL-UM 2:38.58

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 4 (#311 Women 200 SC Meter IM)

1	Haslehurst, Erin L	20	PGAC-EK	2:36.36
2	Kruger, Lize-Marie	15	BLNE-MA	2:35.97
3	Eldar, Ella	15	TUKS-TS	2:35.44
4	Mgcina, Maya	14	ELEC-TS	2:35.15
5	Boettger, Jodi A	15	USC-BU	2:34.60
6	Newton, Ava L	14	CASC-CP	2:34.84
7	Sikiotis, Cassandra H	17	MDOL-JH	2:35.35
8	De Beer, Caileigh	14	BLOT-MA	2:35.66
9	Frösler, Mikayla A	15	PEAS-NM	2:36.16
10	Marshall, Tiffany	16	UNI-EZ	2:36.39

Heat 5 of 10 Prelims

1	Ryser, Aurora	17	TYGE-CP	2:34.06
2	Beling, Nicole V	16	CA-EK	2:33.26
3	Powell, Grace E	15	CSC-TS	2:33.20
4	Fourie, Madi L	16	INFA-NM	2:32.74
5	du Plessis, Madison	16	BLOT-MA	2:32.27
6	Roman, Jemmah A	13	INFA-NM	2:32.37
7	Bosman, Thandi R	13	USC-BU	2:33.00
8	Cabral, Tatum P	16	ELEC-TS	2:33.22
9	Sandilands, Hannah C	16	DRGN-JH	2:34.02
10	Beling, Hayley E	16	BAS-EK	2:34.10

Heat 6 of 10 Prelims

1	Labuschagne, Alex-Ze	16	MGSC-UG	2:31.72
2	Jackson, Christine D	17	ELEC-TS	2:31.45
3	Oosthuizen, Luchelle	19	KOVS-MA	2:30.85
4	Botha, Monica	17	BEAV-ET	2:29.97
5	Novello, Utah	18	TGA-WC	2:29.60
6	vd Walt, Mia	20	TUKS-TS	2:29.62
7	Marcelino, Katie	16	KLOO-ET	2:30.41
8	Prinsloo, Mila	17	ASAW-CE	2:30.89
9	O'Connor, Amy	15	CRSC-JH	2:31.62
10	Putter, Demi	14	CASC-CP	2:31.85

Heat 7 of 10 Prelims

1	Pharoah, Morgan L	18	TUKS-TS	2:29.32
2	Combrink, Amy	15	VINE-CP	2:28.71
3	Begley, Kendra	16	INFA-NM	2:28.18
4	Ralfe, Cara L	19	TUKS-TS	2:27.78
5	Gous, Morgan A	13	INFA-NM	2:27.10
6	Ebing, Ashley	19	TUKS-TS	2:27.18
7	Hugo, Anika S	18	QSAW-CE	2:27.96
8	Yazbek, Leila	15	BLNE-MA	2:28.69
9	Vd Wal, Mieke	16	CASC-CP	2:29.22
10	Lin, Cleo	17	WATR-JH	2:29.37

Heat 8 of 10 Prelims

1	Venter, Zuria I	14	CA-EK	2:26.09
2	Knoblauch, Cara	17	LALE-CE	2:25.19
3	Le Roux, Scarlett	16	CA-EK	2:23.45
4	Stewart, Megan	18	AZON-ET	2:20.89
5	Meyer, Kate J	21	TUKS-TS	2:15.90
6	French, Sofia D	17	TUKS-TS	2:19.82
7	Gouws, Lara W	15	TUKS-TS	2:23.27
8	Dal Medico, Michaela	19	TUKS-TS	2:24.23
9	Gray, Loghan A	17	MDOL-JH	2:25.44
10	Ferreira, Q-Rize	20	TUKS-TS	2:26.66

Heat 9 of 10 Prelims

1	Vyncke, Giuliana	14	DRGN-JH	2:25.96
2	Evans, Caitlin N	14	TYGE-CP	2:25.00
3	De Wet, Emma M	17	CASC-CP	2:23.43
4	Lambert, Bailey G	15	SEAL-UM	2:20.82
5	Els, Georgia C	18	TUKS-TS	2:15.33
6	Fury, Rebecca G	16	VINE-CP	2:19.02
7	Van Den Berg, Gabrie	15	ELEC-TS	2:21.76
8	White, Chelsea	17	CRSC-JH	2:23.96
9	Coetzee, Jenna	16	INFA-NM	2:25.30
10	Matthews, Megan K	17	ASA-IL	2:26.63

Heat 10 of 10 Prelims

1	Van Jaarsveld, Sune	23	TUKS-TS	2:25.57
2	Myburgh, Karla	16	TUKS-TS	2:24.38
3	Viduya, Myra K	17	INFA-NM	2:23.32
4	Van Heerden, Keira	17	INFA-NM	2:20.11
5	Meder, Rebecca A	22	AZON-ET	2:06.80
6	Mote, Jaime L	16	INFA-NM	2:18.76
7	Gous, Kayla G	15	USC-BU	2:21.38
8	Shepherd, Megan L	21	TUKS-TS	2:23.67
9	Putter, Tanè	17	TYGE-CP	2:25.25
10	Hudson, Erin M	16	AA-JH	2:26.17

#312 Men 200 SC Meter IM

2024Africa-S: 1:50.15 2022 Matthew Sates-Wo
2025A-Short: 1:50.15 2022 Matt Sates at 16th
1:55.25 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 11 Prelims

4	Cupido, Nealyn C	15	FAAC	2:34.42
5	Calitz, Juan	15	BLNE-MA	2:30.06
6	Fish, Kieran M	16	CA-EK	2:33.29

Heat 2 of 11 Prelims

2	Stanfliet, Nicholas	14	VINE-CP	2:28.84
3	Bloch, Dylan	16	MDOL-JH	2:27.64
4	Van Rooyen, Marius	15	TUKS-TS	2:26.88
5	Eaton, Caleb M	14	CRSC-JH	2:26.03
6	Druce, Jaeger M	17	SOUL-EK	2:26.13
7	Gilbert, Andrew A	15	SAAW-CP	2:27.39
8	King, Slade D	14	VASA-EK	2:28.09
9	Levinson, Liam R	13	SASE-JH	2:28.97

Heat 3 of 11 Prelims

1	Arwidi, Erik M	16	VASA-EK	2:25.41
2	Lai, Ethan Y	17	SEAL-UM	2:24.90
3	Foster, Nathan J	16	AZON-ET	2:24.73
4	Viviers, Ryan A	14	ACSA-ET	2:24.62
5	Drury, Joshua	14	AA-JH	2:23.95
6	van der Merwe, Eben	15	PAC-TS	2:23.97
7	Smit, MJ M	16	SAAW-CP	2:24.64
8	Forbes, Nicholas J	18	LALE-CE	2:24.88
9	McCabe, Michael	15	WATR-JH	2:25.22
10	Gounden, Mikhael A	19	TGA-WC	2:25.79

Heat 4 of 11 Prelims

1	Richard, Brayden M	14	ACSA-ET	2:23.43
2	Sefehle, Ramano S	14	WSTV-ET	2:23.10
3	Govender, Dhilan	18	SGUL-ET	2:22.61
4	Meyer, Ricchard	17	CA-EK	2:21.61
5	Krenin, Damon R	17	CASC-CP	2:21.05
6	Van Helden, Ethan C	16	ASAC-CP	2:21.42
7	Saayman, Liam	16	TUKS-TS	2:22.43
8	Benecke, Alexander	16	SSISA-CP	2:22.78
9	Dewart, Connor	16	CA-EK	2:23.14
10	Swanepoel, Xander	15	BAS-EK	2:23.60

Heat 5 of 11 Prelims

1	Phillips, Haytham	18	ELEC-TS	2:20.84
2	Kinnear, Connor	16	TYGE-CP	2:20.45
3	Meier, Conrad	16	TUKS-TS	2:19.88
4	Kinsey, Callyn L	18	LEGC-ET	2:19.69
5	Morel, Daniel P	15	CA-EK	2:19.40
6	Mladovan, Jordan C	16	MDOL-JH	2:19.52
7	Lotter, Dehan M	14	RBOT-BP	2:19.85
8	Haupt, Rhys A	15	VINE-CP	2:20.15
9	Van Staden, Bjorn	16	SGUL-ET	2:20.78
10	Pirie, Christopher	17	HARL-BU	2:20.98

Heat 6 of 11 Prelims

1	Viduya, Jayden A	13	INFA-NM	2:18.69
2	Adonis, Matthew D	15	CRSC-JH	2:18.27
3	Klein, Adam J	18	SEAL-UM	2:18.08
4	February, Gerard G	15	CASC-CP	2:17.97
5	Brady, Jonathan L	14	VASA-EK	2:17.51
6	Smith, Luke A	16	AZON-ET	2:17.51
7	Gomes Munguambe, I	17	TUKS-TS	2:18.05
8	Oswald, Ethan R	15	CRSC-JH	2:18.22
9	De Villiers, Juano	19	UNI-EZ	2:18.62
10	MACKAY, Len-Dougla	20	KOVS-MA	2:19.02

Heat 7 of 11 Prelims

1	Van Greunen, Renier	17	FISH-ED	2:16.80
2	O'Connor, Matt	18	CRSC-JH	2:16.67
3	Hunt, Matt P	18	SEAL-UM	2:16.52
4	Thomas, Christian M	16	ELEC-TS	2:15.90
5	Holtzhausen, Neil	17	HREF-BP	2:15.31
6	De Waldon-Holmes, F	17	CA-EK	2:15.50
7	Van Wyk, Wayne E	16	ASAC-CP	2:16.34
8	Borrageiro, Jake T	16	AZON-ET	2:16.54
9	Basson, Wilan	18	ASAC-CP	2:16.80
10	Bester, DJ J	15	TRAZ-TS	2:17.07

Heat 8 of 11 Prelims

1	Theron, Luca D	16	VINE-CP	2:14.83
2	Gous, Dewet J	16	FAAC	2:14.51
3	Diedericks, Keanu Z	16	WSTV-ET	2:14.08
4	Nel, Aiden	17	KOVS-MA	2:13.54
5	Minderon, Bryce	17	PEAS-NM	2:12.92
6	Esterhuysen, Christia	17	TUKS-TS	2:12.95
7	Deng, Ting Wei	17	CA-EK	2:13.58
8	Cloete, Scott X	19	LINR-JH	2:14.43
9	Rolfe, Kayden J	16	WATR-JH	2:14.58
10	Whelan, Kai R	15	CA-EK	2:14.91

Heat 9 of 11 Prelims

1	Erasmus, Joshua M	15	WATR-JH	2:12.26
2	Wessels, Guy T	16	TUKS-TS	2:10.97
3	Sandri, Luca	17	KLOO-ET	2:08.60
4	Caldwell, Matthew D	18	CA-EK	2:05.21
5	Pearson, Tai Lee L	17	TUKS-TS	2:00.92
6	Randle, Matthew J	21	TUKS-TS	2:02.48
7	Heslop, Jonathan V	21	TUKS-TS	2:06.99
8	Vd Linde, Sven C	19	TUKS-TS	2:10.31
9	Bester, Francois A	17	QSAW-CE	2:11.87
10	Harvey, Cameron J	17	AZON-ET	2:12.76

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 10 (#312 Men 200 SC Meter IM)

1	West, Gabriel	19	TYGE-CP	2:12.11
2	Niemand, Zaine	16	TUKS-TS	2:10.90
3	Els, Johnathan R	19	TUKS-TS	2:08.45
4	Naidoo, Kaydn K	21	BEAV-ET	2:04.98
5	Keylock, Kian C	19	TUKS-TS	1:59.90
6	Van Rensburg, Anand	25	TUKS-TS	2:02.21
7	Eaton, Jarden D	19	CRSC-JH	2:06.82
8	Bestel, Luc M	15	VINE-CP	2:09.44
9	Steyn, Stefan A	18	KNYA-ED	2:11.85
10	Basson, Roald R	16	TUKS-TS	2:12.60

Heat 11 of 11 Prelims

1	Thomas, Shaun M	19	INFA-NM	2:11.88
2	Malan, Johan S	17	CASC-CP	2:10.38
3	Domiter, Claudio J	16	CA-EK	2:07.61
4	Smit, Ruben F	18	TUKS-TS	2:04.80
5	Sates, Matt E	21	SEAL-UM	1:54.52
6	Vehbi, Liam	20	TUKS-TS	2:01.34
7	Boshoff, Juan C	19	TUKS-TS	2:05.86
8	Arwidi, Anton A	18	VASA-EK	2:08.75
9	Beatt, Will D	15	PEAS-NM	2:11.21
10	Strydom, Conrad M	15	TYGE-CP	2:12.33

#313 Women 50 SC Meter Freestyle Multi-Class S

2024Africa-S: 24.33 2022 Caitlin de Lange-W
202SA-Short: 24.33 2022 Caitlin de Lange-W

24.44 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 1 Prelims

4	Vd Merwe, Mia S14	25	CASC-CP	36.79
5	Vyncke, Danika S13	17	DRGN-JH	28.85
6	Vyncke, Ivana S13	16	DRGN-JH	31.27
7	Fowler, Cornelia J S14	44	KLOO-ET	42.67

#314 Men 50 SC Meter Freestyle Multi-Class S1 - S

2024Africa-S: 20.30 2009 ROLAND M. SCHOE
202SA-Short: 20.30 2009 ROLAND M. SCHOE

21.40 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 1 Prelims

3	Cazzavillan, Lorenzo	19	MDOL-JH	41.35
4	Vergotine, Valentino	137	VINE-CP	31.16
5	Putz, Aaron A S14	28	WSTV-ET	28.03
6	Coetzer, Leon M S10	13	SEAL-UM	28.77
7	Lawrence, Elih S14	22	BLNE-MA	31.29

#315 Women 400 SC Meter Freestyle

2024Africa-S: 4:03.50 2008 Melissa J. Corfe at
202SA-Short: 4:03.50 2008 Melissa J. Corfe at

4:06.95 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 9 Prelims

3	Gerber, Mia	16	LALE-CE	5:16.99
4	Murray, Rachel T	17	HARL-BU	5:04.67
5	Van Der Wath, Izi	14	KNYA-ED	5:00.36
6	Blend, Kirsten J	32	CASC-CP	5:00.74
7	Joubert, Chante	18	CRSC-JH	5:09.78
8	Edmundson, Paige E	16	SASE-JH	5:22.25

Heat 2 of 9 Prelims

1	Ismail, Amani	19	ATLA-JH	4:59.99
2	Higgins, Emily S	14	CA-EK	4:58.59
3	Hayes, Kerrigan L	15	CASC-CP	4:57.47
4	Beling, Hayley E	16	BAS-EK	4:56.83
5	Mathews, Peyton T	14	KLOO-ET	4:56.14
6	Swanepoel, Keira M	13	KLOO-ET	4:56.43
7	Barbour, Robyn R	15	MDOL-JH	4:56.87
8	Gennarakis, Christina	17	CASC-CP	4:57.73
9	Holland, Keira E	15	CRSC-JH	4:59.84
10	Marx, Micah	14	CA-EK	5:00.25

Heat 3 of 9 Prelims

1	Pienaar, Mia	13	PGAC-EK	4:55.02
2	Ferreira, Ciska	16	UNI-EZ	4:53.83
3	Ferreira, Caeli	12	CRSC-JH	4:53.54
4	Cruywagen, Shiloh R	12	SEAL-UM	4:53.19
5	Senekal, Margo	14	TYGE-CP	4:51.81
6	Abrams, Mackenzie E	13	USC-BU	4:51.95
7	Haslehurst, Erin L	20	PGAC-EK	4:53.43
8	Doubell, Cassidey R	16	CRSC-JH	4:53.75
9	Meeser, Paige V	14	CA-EK	4:54.84
10	Cole - Edwardes, Emr	14	SEAL-UM	4:55.33

Heat 4 of 9 Prelims

1	Stork, Kelly A	15	BAS-EK	4:51.11
2	Elliott, Madisynn E	15	AA-JH	4:50.64
3	Luz, Alexia S	17	SOUL-EK	4:49.41
4	Sequeira, Ana C	16	CA-EK	4:49.21
5	Solomon, Lily	13	WATR-JH	4:47.50
6	Mayoss, Erin L	16	KLOO-ET	4:48.33
7	Hartung, Amy M	14	ASAC-CP	4:49.24
8	Kleynhans, Megan	14	LINR-JH	4:49.86
9	Louw, Anieka	14	CASC-CP	4:50.65
10	Kassebaum, Taylor L	14	AA-JH	4:51.29

Heat 5 of 9 Prelims

1	Hughes, Kacey A	14	STSC-KC	4:46.94
2	De Roubaix, Maric M	17	LALE-CE	4:46.55
3	Foster, Taylor G	14	AZON-ET	4:46.11
4	Caldwell, Alexandra I	19	VASA-EK	4:45.77
5	Christie, Leah E	19	TGA-WC	4:43.84
6	Smit, Jenna	17	CASC-CP	4:44.31
7	Bruce, Tayla	17	ACSA-ET	4:46.08
8	du Plessis, Madison	16	BLOT-MA	4:46.31
9	Kotzè, Tamsyn G	17	BLMA-CP	4:46.93
10	Van der Vyver, Ella L	14	ASA-IL	4:47.21

Heat 6 of 9 Prelims

1	Smith, Rachel A	18	MDOL-JH	4:43.51
2	Alberts, Madison A	17	AZON-ET	4:42.77
3	Morton, Taylor R	16	LALE-CE	4:42.02
4	Scholtz, Ashley K	16	CA-EK	4:40.16
5	Bosman, Thandi R	13	USC-BU	4:39.05
6	Meter, Jess L	19	TUKS-TS	4:39.47
7	Andraos, Kirsty M	16	TUKS-TS	4:40.56
8	Naude, Jana B	18	STSC-KC	4:42.16
9	Banks, Kiara C	16	TUKS-TS	4:43.39
10	Lausberg, Guilma	20	LALE-CE	4:43.55

Heat 7 of 9 Prelims

1	Hinckley, Rachel J	16	CA-EK	4:36.81
2	Marcelino, Katie	16	KLOO-ET	4:35.44
3	Buitendach, Anja M	14	UNI-EZ	4:35.22
4	Rigby, Hannah P	16	ELEC-TS	4:34.73
5	Gray, Lohan A	17	MDOL-JH	4:32.90
6	De Bruyn, Kylie E	14	TUKS-TS	4:33.55
7	Malan, Evelyn H	14	TUKS-TS	4:35.02
8	Morris, Blake P	15	LINR-JH	4:35.24
9	Sinclair, Cassidy L	17	DRGN-JH	4:36.14
10	George, Grace	16	SEAL-UM	4:37.38

Heat 8 of 9 Prelims

1	Evans, Caitlin N	14	TYGE-CP	4:32.26
2	Gous, Sienna R	14	INFA-NM	4:28.13
3	Kleine, Amelie	14	TUKS-TS	4:22.07
4	Robertson, Hannah K	19	TUKS-TS	4:17.43
5	Houtman, Stephanie	21	TUKS-TS	4:11.14
6	Mouton, Hannah L	17	TUKS-TS	4:12.05
7	Horne, Kaitlyne D	17	PEAS-NM	4:18.09
8	Griffiths, Zoe	17	TUKS-TS	4:25.92
9	Davidson, Lize-Marie	20	KOVS-MA	4:28.89
10	Lott, Emily M	16	ASA-IL	4:32.43

Heat 9 of 9 Prelims

1	Venter, Zuria I	14	CA-EK	4:30.89
2	Earle, Tory L	22	TUKS-TS	4:27.95
3	Antonopoulos, Carl	23	TUKS-TS	4:18.75
4	van Schalkwyk, Corn	18	AA-JH	4:15.05
5	Lötter, Callan M	18	TUKS-TS	4:10.78
6	Van Rensburg, Cathen	20	TUKS-TS	4:11.70
7	McMorran, Leigh	20	AA-JH	4:17.55
8	Myburgh, Karla	16	TUKS-TS	4:23.01
9	Markgraaff, Leah	15	TUKS-TS	4:28.54
10	Fury, Rebecca G	16	VINE-CP	4:32.26

#316 Men 400 SC Meter Freestyle

2024Africa-S: 3:36.30 2022 Matthews Sates FI
202SA-Short: 3:36.30 2022 Matt Sates at FINA

3:42.50 WAQT World Aquatic QT-

Lane Name Age Team Seed Time

Heat 1 of 7 Prelims

4	Lehnberg, Malan	18	FISH-ED	4:41.90
5	Bothma, Christiaan	17	HREF-BP	4:38.62
6	Berejena, Ashley C	17	WATR-JH	4:41.13

Heat 2 of 7 Prelims

2	Benecke, Alexander	16	SSISA-CP	4:34.03
3	McCabe, Michael	15	WATR-JH	4:32.41
4	Viviers, Ryan A	14	ACSA-ET	4:29.07
5	McPetrie, James L	17	MANT-CP	4:28.23
6	Holton, Riley	17	ASA-IL	4:28.26
7	Mladovan, Jordan C	16	MDOL-JH	4:31.25
8	Vd Linde, Nolan	16	TUKS-TS	4:33.22
9	Morel, Daniel P	15	CA-EK	4:36.86

Heat 3 of 7 Prelims

1	De Beer, Hendro	15	PEAS-NM	4:27.56
2	Van Tonder, Martinus	15	ACSA-ET	4:26.36
3	Eaton, Caleb M	14	CRSC-JH	4:25.17
4	Richard, Brayden M	14	ACSA-ET	4:24.69
5	Terblanche, Kiaan C	18	LALE-CE	4:23.94
6	Terblanche, Luan L	16	TYGE-CP	4:24.22
7	Pautz, Nathan M	15	BLMA-CP	4:24.90
8	Bezuidenhout, Ernst	14	CASC-CP	4:25.76
9	van Eeden, Christiaan	17	HREF-BP	4:26.64
10	Saayman, Liam	16	TUKS-TS	4:27.69

SA National SC Champs KZN(25M)-Sept 24 - 2024/09/26 to 2024/09/29

Meet Program - Day 3 Saturday Morning 28/09/2024

Heat 4 (#316 Men 400 SC Meter Freestyle)

1	Raynard, Everraud M	14	KLOO-ET	4:23.23
2	McCabe, Tyrone	19	WATR-JH	4:22.48
3	Adonis, Matthew D	15	CRSC-JH	4:21.77
4	Botha, Julian E	18	SEAL-UM	4:20.67
5	Pienaar, Harold W	16	PGAC-EK	4:19.80
6	Han, Gabriel	16	TUKS-TS	4:20.15
7	Nel, Juan	15	WSTV-ET	4:21.22
8	Schoeman, Heindrich	15	TUKS-TS	4:21.87
9	Karsten, Jody	17	BLMA-CP	4:22.94
10	Whelan, Kai R	15	CA-EK	4:23.69

Heat 5 of 7 Prelims

1	Barradas, Hugo O	16	TUKS-TS	4:15.98
2	Adam, Momo	23	TUKS-TS	4:14.63
3	Diedericks, Keanu Z	16	WSTV-ET	4:12.97
4	Rolfe, Kayden J	16	WATR-JH	4:11.44
5	Alebras, George M	17	CRSC-JH	4:10.03
6	Levey, Chad	18	LALE-CE	4:10.62
7	Van der Linde, Shane	16	SEAL-UM	4:12.38
8	Kassebaum, Clayton I	17	AA-JH	4:14.00
9	Dutton, Ethan J	16	USC-BU	4:15.93
10	Bannister, Joshua G	16	TYGE-CP	4:16.78

Heat 6 of 7 Prelims

1	Jones, Kellen T	14	INFA-NM	4:07.92
2	Vd Linde, Sven C	19	TUKS-TS	4:02.09
3	Albertyn, Connor S	20	TUKS-TS	3:56.16
4	Muller, Righardt	22	LALE-CE	3:51.15
5	Mihaylov, Kris S	16	BAS-EK	3:48.97
6	Krüger, Arno S	22	TUKS-TS	3:50.35
7	Wolfaardt, Bernard	22	TUKS-TS	3:53.53
8	Billings, Daniel R	17	AA-JH	3:59.85
9	Mann, Matthew A	16	CA-EK	4:04.16
10	Erasmus, Joshua M	15	WATR-JH	4:09.25

Heat 7 of 7 Prelims

1	Nel, Aiden	17	KOVS-MA	4:05.49
2	Engelbrecht, Stephan	16	WATR-JH	4:00.33
3	Lottering, Ricky M	18	SEAL-UM	3:53.96
4	Van Wyk, Adrian R	16	TUKS-TS	3:51.06
5	Caldwell, Matthew D	18	CA-EK	3:47.87
6	Louw, Henre J	22	TUKS-TS	3:50.12
7	Paterson, Ross C	19	ACSA-ET	3:53.29
8	Steyn, Stefan A	18	KNYA-ED	3:56.89
9	Kewley, James R	19	TUKS-TS	4:03.43
10	Wolson, Daniel A	17	SAAW-CP	4:08.07

#319 Men 200 SC Meter Butterfly Time Trial

2024Africa-S: 1:48.27 2022 Chad G. Le Clos Wo
 202SA-Short: 1:48.27 2022 Chad G. Le Clos at :
 1:53.61 WAQT World Aquatic QT-

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

5	Le Clos, Chad G	32	CYBE-CP	NT
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#317 Women 4x200 SC Meter Freestyle Relay

2024Africa-S: 8:02.49 2012 Team RSA - World
 ul

202SA-Short: 8:02.49 2012 RES-K Prinsloo-M'

ira-J Pengelly-Istanbul

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

5	TUKS-TS	A	7:58.45
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#318 Men 4x200 SC Meter Freestyle Relay

2024Africa-S: 6:52.13 2014 Team RSA - World
 202SA-Short: 6:52.13 2014 RSA M Brown-S Rp

os-L Shankland

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

5	TUKS-TS	A	7:16.38
	Mahan, Tumelo E 17	Vd Merwe, Darno 20	
	Raynard, Keyontae L 1'	Godfrey, Blake B 21	
6	SSISA-CP	A	8:36.54
	Du Preez, Shaun 17	Labuschagne, Jeremy 1	
	Benecke, Alexander 16	Kleinhans, Kyle 18	